

Reception Class Newsletter



2nd October 2026

Dear Parents and Guardians,

In the “Understanding the World” section of the Early Years Curriculum the focus this half-term is:

- Being aware of the changing seasons which links with Geography and Science as the children move through the school.
- Talk about members of their immediate family and also members of our community which links with History.



In phonics lessons we have introduced magnetic boards and letters and children are making simple words using known letter sounds. For example using m, a, s, d and t, the words mat, at, mad, sad, dad and sat can be made. Please see the attached sheet for further Phonics information.



In mathematics this week's focus is on pattern. The children made repeating patterns using natural materials and made action patterns with their body, for example, clap, hop, clap, hop, clap, hop and so on.

In “**My Happy Mind**” this week the learning objectives were to recognise simple emotions that make us feel happy and calm, to recognise big emotions that might make us feel sad or upset and to help children recognise which emotions may make their Team H-A-P work well together and not so well together. The children found out that within the brain, when the H head (Hippocampus) and P head (Pre-frontal cortex) go to sleep, we cannot be our best selves and we can show some ‘Big Emotions’, making us sad. When all 3 parts of the team H-A-P are awake and working together, we can be our best selves and happy. **H is for Hippocampus, A is for Amygdala, P is for Prefrontal Cortex.**

Enjoy the weekend,

Reception Staff

