

Reception Class Newsletter



21st May 2026

Dear Parents and Guardians,

The children enjoyed their teddy bears picnic today. Thank you to one of our volunteer helpers for bringing in her teddy bear from when she was little. A good way to end our topic on learning about the past.

A reminder, weather permitting we will be having a Sports Stay n Play on Wednesday 3rd June beginning at 2:15pm until 2:45pm. Parents are welcome to attend to join in with the sports activities on offer. Children can come to school in their PE kit. On the day if it is raining the Stay n Play will not take place.

At recent training attended by staff, information was given concerning new screen guidance for parents of under-5s. The new guidance is available for free on the **Best Start in Life** website. Key tips include:

- Under 2s: Avoiding screen time other than for shared activities that encourage bonding, interaction and conversations.
- 2 to 5 year olds: Trying to keep it to no more than one hour a day. Avoid at mealtimes and in the hour before bed.
- Content: Choosing slow-paced, age-appropriate content. Fast paced, social media-style videos and AI toys or tools should be avoided for young children.
- Co-viewing: Watching or using screens together-talking, asking questions and engaging with the content-is better for children's development than solo screen use.

All of the above forms part of wider action to support all children's wellbeing in the digital world-running alongside the government's consultation on further measures to keep children safe online.

Evidence suggests that the way screens are used is key to the way in which they influence health and development in early childhood. Negative effects include impacting social, emotional, language and brain development, sleep, eye-sight and healthy weight. Something to think about certainly.

School closes today (Thursday) for the half term break and reopens on Tuesday 2nd June for the final half term in school. Friday 22nd May and Monday 1st June are Teacher Training Days.

Let's hope the weather is good and the children can enjoy the outdoors.

Reception Staff

