












Lunch Menu Week 1



w/c 3rd Nov		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Chef Choice	Chinese Sweetcorn
HOT MAINS	Wholemeal Pizza, Wedges & Beans 	Cowboy Casserole with Pasta	Meatball Sub with Salad & Tortilla Chips	Ham Roast Dinner with Seasonal Vegetables & New Potatoes	Fish Fingers with Chips & Garden Peas
	Vegetarian Chilli with Rice 	Cheese & Onion Plate Pie with Carrots & Peas 	Cheesy Bean Pasta 	Twice Baked Jacket Potato	Veggie Burger in a Bun with Chips & Garden Peas 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad 	Vanilla Cheesecake 	Pineapple & Coconut Sponge 	Apple Flapjacks 	Cheese & Crackers 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.
All menus are checked by a nutritionist and adhere to School Food Standards.



Vegetarian
Vegan
Oily fish

Lunch Menu Week 2



w/c 10 th Nov	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Split pea	Chinese Sweetcorn	Leek & potato	Chef Choice
HOT MAINS	Tomato & Basil Pasta Bake with Salad & Homemade Garlic Bread 	Homemade Spanish Chicken with wholemeal Rice & Green Beans	Sausage & Mash with Gravy & Peas	Homemade Scouse with Crusty Bread & Pickled Beetroot	Homemade Battered Fish with Chips & Minted Mushy Peas
	Falafel Pittas 	Roasted Pepper, Cheese & Tomato Quiche 	Homemade Macaroni Cheese & Peas 	Vegetable & Cheese Quesadillas 	Vegetable Curry & Rice 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad 	Barabrith 	Apple & Oat Crumble with Pouring Cream 	Vanilla Sponge & Custard 	Cheese & Crackers 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt













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Lunch Menu Week 3



w/c 17th Nov	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Leek & Potato	Red Pepper Soup	Tomato & Basil	Chef Choice
HOT MAINS	Cheesy Beans Pasta Bake 	Corned Beef Hash with Peas	Ham Roast Dinner with Seasonal Vegetables & Roast New Potatoes	Meatballs with wholemeal Spaghetti	Fish Fingers or Tandoori Salmon  with Chips & Mushy Peas
	Cherry Tomato & Cheese Quiche with Salad 	Lentil Stew 	Twice Baked Jacket Potatoes	Vegetarian Sausage Toasties with Beans 	Veggie Fingers with Chips & Mushy Peas 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Sponge Cake 	Ginger Biscuits 	Fresh Fruit Salad 	Fresh Fruit Trifle 	Cheese & Crackers 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt












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Lunch Menu Week 4



w/c 24th Nov	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot & Coriander	Pea	Red Pepper Soup	Chef Choice	Chef Choice
HOT MAINS	Wholemeal Pizza, Wedges & Beans 	Chicken Katsu Curry with Rice	Carbonara Penne Pasta Bake with Salad & Homemade Garlic Bread	Mince & Tatties with Peas	Homemade Battered Fish with Chips & Beans
	Spanish Omelette with Salad 	Broccoli & Cream Cheese Pasta Bake 	Vegetable & Rice Enchiladas 	Quorn Stovies 	Veggie Sausage Rolls with Chips & Beans 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad 	German Apple Cake 	Sticky Toffee Pudding 	Scottish Shortbread 	Rich 'Chocolate' Cookies 

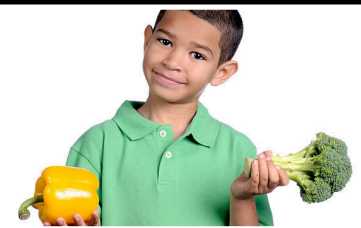
Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt







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Lunch Menu Week 5



w/c 1 st Dec	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Chinese Sweetcorn	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Tomato & Basil Pasta Bake with Salad & Homemade Garlic Bread 	Chicken Stir Fry Noodles	Sausage & Homemade Mashed potato with Gravy & Peas	Chicken Curry with Wholemeal Rice & Homemade Onion Bhajis	Homemade Battered Fish with Chips & Minted Mushy Peas
	Cheese & Red Onion Quiche 	Cheese & Tomato Panini with Salad 	Macaroni Cheese 	Vegetable Biryani 	Spicy Singapore Noodles 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Apple & Oat Crumble with Pouring Cream 	Homemade Rice Pudding with Strawberry Jam 	Iced Sponge Cake with Custard 	Fresh Fruit Salad 	Cheese & Crackers 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt


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Lunch Menu Week 6



w/c 8th Dec	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Chef Choice	Chinese Sweetcorn
HOT MAINS	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread <small>Ve</small>	All Day Breakfast	Spaghetti Bolognese with wholemeal spaghetti, Salad & Garlic Bread	Homemade Cottage pie with Peas & Carrots	Fish Fingers with Chips & Garden Peas
	Spanish Omelette with Salad <small>V</small>	Meat Free Burritos <small>V</small>	Vegetable & Lentil Stew <small>Ve</small>	Vegetable Quesadillas <small>V</small>	Veggie Sausage Roll <small>V</small>
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad <small>Ve</small>	Shortbread Biscuits <small>V</small>	Sponge Cake topped with Jam & Whipped Cream <small>V</small>	Apple Flapjacks <small>V</small>	Cheese & Crackers <small>V</small>

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt














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Lunch Menu Week 7



w/c 15 th Dec	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Roasted Vegetable Soup	Chef Choice	Chinese Sweetcorn
HOT MAINS	Veggie Spaghetti Bolognese with Salad & Garlic Bread 	Sausage Casserole	Christmas Dinner: Roast Turkey, Gravy, Roast Potatoes, Stuffing, Pigs in Blankets, Sprouts, Carrots & Turnip	Chef Choice Curry & Wholemeal Rice	Fish Fingers or Salmon Fish pie  with Chips & Mushy Peas
	Welsh Rarebit 	Individual Vegetable & Cheese Omelette with Salad 	Vegetarian Christmas Dinner 	Cheese & Tomato Toasties with Salad 	Sri Lankan Sweet potato Curry 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	'Chocolate' Fudge Cake 	Oat Cookies 	Festive Ice Cream pot 	Manchester Tart 	Cheese & Crackers 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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