21st March 2025

Dear Parents and Carers,

In “Happy Minds” we have continued with the theme of Relate. We explored different feelings and what makes a “good friend”. We also discussed what to do if we are struggling with our feelings…… Tell a friend, tell an adult, do some happy breathing, find a quiet place, go for a walk, do some exercise, squeeze something soft, have a drink of water, draw a picture! For some children who struggle to regulate and manage their feelings, being able to name how they are feeling (whether it may be angry, worried, tired etc) is a start and then to be guided as to how to regulate these feelings to become calm and then able to learn within the classroom is vital for our young children. Staff talked about how everyone has feelings and it was normal to sometimes feel a certain way but by giving the children tools to be able to manage their sometimes big feelings is vital.

In Maths: bonds to 10, doubles to 10 and odd and even numbers have been the focus. Within our planned curriculum at this stage in Reception, our aim is for children to have recall of number bonds to 5 and 10, to link numerical value with the symbol and to be able to compare numbers. Over the next few weeks there will be a focus on 3D shape, cube, cuboid, sphere and cylinder. If you have any small boxes at home can you please send them to school, thank you.

A focus in Literacy has been on non-fiction books and the children realising that these books give information rather than tell a story. There may be a contents page, an index and photographs used in comparison to story books.

Many thanks for your support on Red Nose Day.

Reception Staff