

Reception Class Newsletter



Friday 9th June 2023



Dear Parents and Guardians,



Thank you all for taking part in 'Wear It Green Day'. St Anne Stanley raised £240.75 for the Mental Health Foundation. The Mental Health Foundation's vision is good mental health for all and their mission is to help people understand, protect and sustain their mental health.



Mental health is as important to a child's safety and wellbeing as their physical health. It can impact on all aspects of their life, including their educational attainment, relationships and physical wellbeing. At St Anne Stanley, we appreciate the impact of a child's mental health on their overall health and happiness. This is reflected in our curriculum focus on promoting mental health and wellbeing through 'My Happy

Mind'. My Happy Mind is a mental health education programme which integrates quizzes, music, games and memorable characters that serve to teach the children the knowledge and skills they need to understand and promote their own mental health and wellbeing.



St Anne Stanley's thrive approach to behaviour management further reflects the emphasis we place on promoting our children's mental health and wellbeing. Thrive is a whole-school approach to improving the mental health and wellbeing of children and young people. Thrive highlights the way in which children's behaviour stems from an unmet need together with the understanding that until this need is met, children are unable to change their behaviour. As a thrive school, our school is a place of compassion which seeks to meet pupils' needs with a view to promoting their learning and development. Please find attached some further information about the thrive programme together with information centred on promoting positive mental health and wellbeing at home.

Thank you for your continued support,
Mrs Bell & Miss Murphy