
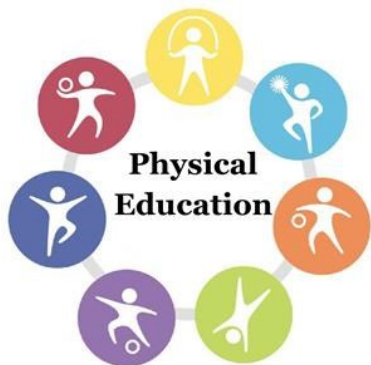


Reception Class Newsletter



Friday 23rd March 2024

 Dear Parents and Guardians,



Our specialist PE teacher Miss Quinn would like you all to know about the fantastic progress your children are making in PE. We began the Autumn term with a focus on multi-skills, developing core movement skills and learning about how our bodies work. This linked with our EYFS curriculum in which we refined the fundamental movement skills we have already acquired such as rolling, crawling, walking, jumping, running, hopping, skipping and climbing.

In Autumn 2, we engaged in the topic of dance, exploring the different ways we can move our body to music. This supported our EYFS curriculum as we progressed towards a more fluent style of moving, developing control and grace. Spring 1 centred on gymnastics in which we learnt how to move our bodies off and on different apparatus. This promoted progress in our EYFS curricular focus on developing our overall body-strength, balance, co-ordination and agility. The topic this half term is athletics, mastering basic movements with a view to preparing for a summer term of games.

You can support your child's physical development together with their mental health and wellbeing through engaging your child in activities drawn from online platforms such as GoNoodle and Supermovers. You will find a wealth of resources centred around inspiring mindfulness and building resilience. For more insights into your child's physical education, parents and carers are invited to follow our PE twitter page: [@stannestanleyPE](https://twitter.com/stannestanleyPE)

Thank you for your continued support.

Mrs Bell and Miss Murphy