




Liverpool
City Council

Are you worried about your relationship?

Do you recognise any of these in your relationship?

- Consistent arguing or shouting over every day stresses such as money, how you parent or who does what in the house?
- You are worrying about or thinking splitting up is the answer?
- Is there sulking, silent treatment, slamming doors?
- Are you anxious or worried about your relationship and is this getting in the way of everyday life?
- Not able to say sorry after an argument, and find it difficult to resolve and move on?



**REDUCING
PARENTAL
CONFLICT**

Support

Contact Our Healthy Relationships Co-Ordinator
healthyrelationships@liverpool.gov.uk