



Dear Parents and Guardians.

Mrs Quinn, our PE specialist teacher, has had high praise of our class this week. She praised the children for how well they followed instructions and worked together to choreograph a routine that reflected our anchor text for this half term: 'We're Going on a Bear Hunt' by Michael

Friday 17th November 2023

Rosen. You can see a snippet of our dance routine on twitter @stannestanleyf2

Physical Education for this half term centres on exploring moving our bodies to music. This topic links to the prime area of physical development in the Early Years Foundation Stage curriculum. Physical development entails two aspects: fine motor skills and gross motor skills. Dance builds the children's gross motor skills through the focus on larger scale, whole-body movements. You can support your child's learning in PE this half term through engaging in dance at home. Online platforms such as **GoNoodle** offer a wide variety of child-friendly music and dance.



Alongside dance, there are lots of other ways children can develop their gross motor skills, including: moving in different ways, such as, hopping, skipping, or even slithering on tummies; climbing; pedalling a tricycle or bicycle; rolling, throwing, or catching a ball. All of these activities support your child in working towards revising and refining the fundamental movement skills we have already acquired, that is, *rolling *crawling *walking *jumping *running *hopping *skipping *climbing. Achieving proficiency with fundamental movement skills is a core objective of the Early Years Foundation Stage and we look forward to working with you to promote your child's physical development.

Thank you for your continued support.

Mrs Bell & Miss Murphy