





### Week Commencing 01/11/21

### **DAILY CHEF SPECIALS!**

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Cheese and Tomato Paninis served with Wedges and Salad	Quorn Mince Shepherd's Pie served with Green Beans	Homemade Chicken Korma Curry served with Rice and Naan Bread	Vegetable Stir fry served with Noodles	Fish Fingers with Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Spaghetti with Tomato and Basil Sauce	Vegetable paella	Cherry Tomato Quiche	Ravioli in a rich Tomato sauce	Homemade Salmon and Leek Fish Pie
Homemade Soup	Peppers	Red Pepper	Split Pea	Broccoli and Cheddar	Chef Choice
Starchy Food Various Bread Choices Available	Wedges	Mashed Potato	Rice	Noodles	Homemade Chips
Vegetables Salad Bar with Hummus	Salad	Green Beans	Tomatoes	Broccoli	Baked Beans
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts	Cherry Flapjacks	Warmed Scotch Pancakes with	Sponge Cake with Custard	Iced Shortbread	Cheese and Crackers
and Homemade Puddings Available Every Lunch time	Fresh Fruit	Cream and Golden Syrup	Fresh Fruit	Fresh Fruit	Fresh Fruit

All our meat is from local suppliers, we use free range eggs, organic milk, pasta, and flour when available. All of our fruit and vegetables are locally sourced where possible.

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### Week Commencing 08/11/21

# **DAILY CHEF SPECIALS!**

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Curry with Yoghurt and Mint Dip Served with Rice	All Day Breakfast with Sausage, Scrambled Egg, Wholemeal Toast, Mushrooms and Hash Browns	BBQ Chicken with Rice served with Butter Glazed Corn on the Cob	Ham Roast Dinner with Cauliflower Cheese, Roast Potatoes, Baby Carrots and Gravy	Homemade Battered Fish with Chip and Minted Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Pesto Pasta	Red Onion Quiche	Quorn Mince Cottage Pie	Broccoli and Pasta Bake	Veggie Sausage Roll
Homemade Soup	Chef Choice	Vegetable	Chinese Sweetcorn	Leek and Potato	Chef Choice
Starchy Food Various Bread Choices Available	Wholemeal Rice	Wholemeal Toast	Rice	Roast Potato	Homemade Chips
Vegetables Salad Bar with Hummus	Celery and Cabbage	Mushrooms	Sweetcorn	Carrots and Broccoli	Mushy Peas
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available	'Chocolate' Fudge Cake Fresh Fruit	Vanilla Cheesecake Fresh Fruit	Fresh Fruit Salad Yoghurts	Apple Turnovers  Fresh Fruit	Cheese and Crackers with Yoghurts Fresh Fruit
Every Lunch time					

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### Week Commencing 15/11/21

# **DAILY CHEF SPECIALS!**

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Quorn "Meat balls" in a Rich Tomato and Smoked Paprika sauce served with Spaghetti	Cumberland Sausage Slice served with Homemade Wedges and Brown Sauce	Homemade Beef Mince Lasagne served with Garlic Bread and Salad	Homemade Scouse served with Red Cabbage and Crusty Bread	Fish Cake or Fish Fingers and Chips Served with Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Cherry Tomato Quiche served with Crispy Fresh Salad	Tuna Pasta with Cucumber and Red Onion	Veggie Sausage Toasties	Twice Baked Jacket Potatoes	Tandoori Salmon Served with Teardrop Naan Bread
Homemade Soup	Chef Choice	Leek and Potato	Red Pepper Soup	Tomato and Basil	Chef Choice
Starchy Food Various Bread Choices Available	Pasta	Potato Wedges	Lasagne Pasta	Potatoes	Homemade Chips
Vegetables Salad Bar with Hummus	Tomatoes	Green Beans	Salad	Carrots	Mushy Peas
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade	Iced Apple Flapjacks	Fresh Fruit Trifle	Sticky Toffee Pudding	Fresh Fruit Salad	Rich Chocolate Cookies
Puddings Available Every Lunch time	Fresh Fruit	Fresh Fruit	Yoghurts	Fresh Fruit	Mixed Flavour Yoghurts

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### Week Commencing 22/11/21

# **DAILY CHEF SPECIALS!**

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza with Wholemeal Pizza Base served with Homemade Wedges and Salad	Chicken Roast Dinner with Roast Potatoes, Stuffing, Broccoli, Carrots and Gravy	Spaghetti Bolognese served with Garlic bread	Homemade Sausage and Mashed Potato with Onion Gravy	Fish Fingers with Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Vegetable Fried Rice	Tomato and Basil Pasta	Asian Noodles	Homemade Salmon and Leek Fish Pie	Veggie Sausage Roll
Homemade Soup	Leek and Potato	Tomato and Basil	Carrot and Coriander	Broccoli and Cheddar	Chef Choice
Starchy Food Various Bread Choices Available	Pizza Base	Roast Potato	Pasta	Mash Potato	Homemade Chips
Vegetables Salad Bar with Hummus	Mixed Salad	Seasonal Vegetable	Tomato	Broccoli	Baked Beans
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade	Fresh Fruit Salad	Cherry Bakewell Slice served with Custard	Carrot Cake	Cheese and Crackers	Arctic Roll
Puddings Available Every Lunch time	Yoghurts	Fresh Fruit	Yoghurts	Fresh Fruit	Fresh Fruit

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### Week Commencing 29/11/21

# **DAILY CHEF SPECIALS!**

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Curry with Yoghurt and Mint Dip Served with Brown Rice	All Day Breakfast with Sausage, Scrambled Egg, Wholemeal Toast, Mushrooms, Roasted Tomatoes	Homemade Chicken Pie served with Mash and Green Beans	Beef bourguignon served with roasted New potatoes	Homemade Battered Fish with Chip and Minted Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Quiche	Vegetable and Feta Pasta	Veggie Sausage Toasties	Macaroni Cheese	Veggie Sausage Roll
Homemade Soup	Chef Choice	Vegetable	Chef Choice	Tomato and Basil	Chef Choice
Starchy Food Various Bread Choices Available	Wholemeal Rice	Wholemeal Toast	Spaghetti	New Potatoes	Homemade Chips
Vegetables Salad Bar with Hummus	Celery and Cabbage	Mushrooms	Peas	Carrots	Mushy Peas
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	'Chocolate' Fudge Cake Fresh Fruit	Vanilla Cheesecake Fresh Fruit	Fresh Fruit Salad Yoghurts	Chocolate Cookies Fresh Fruit	Cheese and Crackers with Yoghurts Fresh Fruit

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### Week Commencing 06/12/21

# **DAILY CHEF SPECIALS!**

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Macaroni Cheese served with Peas and Crusty bread	Meatball sub Served with wedges and salad	Vegetable Stir-Fry served with Noodles	Steak Mince Pie and Mash Potato with Onion Gravy and Green Beans	Fish Fingers and Chips Served with Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Cherry Tomato Quiche served with Crispy Fresh Salad	Vegetable and lentil stew	Cheese and Onion Plate Pie	Twice Baked Jacket Potatoes	Veggie Burger in a Bun
Homemade Soup	Chef Choice	Leek and Potato	Broccoli and Cheddar	Chef Choice	Chef Choice
Starchy Food Various Bread Choices Available	Macaroni pasta	Mash Potato	Noodles	Sub rolls	Homemade Chips
Vegetables Salad Bar with Hummus	Peas	Green Beans	Spring onion	Tomato	Mushy Peas
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Apple Flapjacks Fresh Fruit	Yoghurt Fruit Crunch Pots Fresh Fruit	Sticky Toffee Pudding  Yoghurts	Fresh Fruit Salad Fresh Fruit	Rich Chocolate Cookies Mixed Flavour Yoghurts

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#### Week Commencing 13/12/21

# **DAILY CHEF SPECIALS!**

Week 7	Monday	Tuesday	Wednesday Christmas dinner	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza served with Wedges and Fresh Salad	Homemade Chicken Curry served with Rice and Naan Bread	Roast turkey served with Roast potatoes, Sprouts, Carrot and Swede mash, Stuffing, Chipolatas and Gravy	Homemade Scouse served with Red Cabbage and Crusty Bread	Fish Fingers served with Chips and Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Tuna Pasta with Cucumber and Red Onion	Cherry Tomato Quiche	Veggie Christmas dinner	Twice Baked Jacket Potatoes	Veggie Sausage Roll
Homemade Soup	Chef Choice	Split Pea	Parsnip	Tomato and Basil	Chef Choice
Starchy Food Various Bread Choices Available	Pizza Base	Rice	Roast potato	Potatoes	Chips
Vegetables Salad Bar with Hummus	Mixed Salad	Tomatoes	Carrot and Swede	Carrots	Peas
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade	Iced Shortbread	Sponge Cake with Custard	Xmas Tree Choc Ice	Fresh Fruit Salad	Cheese and Crackers
Puddings Available Every Lunch time	Fresh Fruit	Fresh Fruit	Xmas Pudding	Fresh Fruit	Mixed Flavour Yoghurts

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### Week Commencing 20/12/21

# **DAILY CHEF SPECIALS!**

Week 8	Monday	Tuesday	Wednesday	Thursday Christmas party	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Cheese and Tomato Paninis served with Wedges and Salad	Chefs Choice	Chefs Choice	Christmas party day – Sausage roll, Quiche, Sandwiches, Spring rolls, Samosas, Sweet chilli dip, Mixed salads	
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Spaghetti with Tomato and Basil Sauce	Chefs Choice	Chefs Choice	Christmas party day	
Homemade Soup	Peppers	Split Pea	Split Pea	Chef Choice	
Starchy Food Various Bread Choices Available	Wedges			Sandwiches	
Vegetables Salad Bar with Hummus	Salad			Mixed salad	
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts	Cherry Flapjacks	Chefs Choice	Chefs Choice	Homemade cupcakes	
and Homemade Puddings Available Every Lunch time	Fresh Fruit	Fresh Fruit	Fresh Fruit	Mixed Flavour Yoghurts	

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