



School staff should:

- Seek advice through School MHST to determine the level of support needed
- Access free training at liverpoolcamhs.com/training
- Look for contributing factors - ACEs, SEND or children having caring responsibilities

School staff-led early identification and intervention activities such as:

- ROAR Toolkit
- REACT Group
- ROCKET Peer Support
- Parent drop-ins

EHMT support via:

Psycho-education workshops for children and/or parents/carers

EMHT parent/carer coffee mornings

Early intervention from external agencies in school and outside such as:

- MHST/EMHP support
- Smarty's (YPAS hibs)
- Bully Buster Helpline
- Kooth online counselling (10+)
- YPAS parenting practitioner support

Intervention from external agencies in school and outside such as:

- Seedlings therapy service
- Spinning world - trauma based intervention (YPAS)
- Senior practitioner clinical consultation
- IY parenting course

High level intervention through CAMHS at Alder Hey Fresh CAMHS and in the community such as:

- Fresh CAMHS referral
- Crisis care line 24/7
- EDYS - Alder Hey Eating Disorder Service

➤ MHL to consult with EMHP/MHST and or Seedlings practitioner to discuss ways to support child at school/home.

➤ MHL to make referral to MHST or signpost to another service.

➤ MHL can speak to child/family and service around ways to support child at school/home.

➤ If child needs to be stepped up MHL can consult with MHST and/or make Seedlings or SPA referral, MHL should consider raising an EHAT.