



St Anne (Stanley) C of E Primary and Nursery School



PSHEe Curriculum Overview

TERM	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	EYFS Understanding of the World : The World & Understanding of the World: People and Communities.					
	Celebrating Uniqueness Rules Personal Hygiene Taking Turns Cooperative Play Different Feelings Family Asking Questions Taking Turns Anti-Bullying		Behaviour and Consequences Recognising Bullying Taking Part Asking for Help E Safety Caring for Pets Solving Problems Good Manners Looking After the Environment Routines Personal Hygiene Different Families			Speaking and Listening Eid Mubarak Physical Differences Friendship Confidence Likes and Dislikes Sharing Feelings Asking for Help
Year 1	Balanced Diet Healthy Eating How Muscles Work Importance of Physical Activity Dental Hygiene	Personal Hygiene Staying Healthy Medicines Anti-Bullying What is Bullying?	Taking Responsibility Emotions- Managing Anger Secrets and Surprises E Safety Communicating Feelings	Communicating Opinions Communication – Listening Personal Hygiene Keeping Clean Families and Care	Fairness Right and Wrong Kindness Friendship Family Rules	Rules of Law Belonging Racism Where Money Comes From Managing Money Protecting the Environment
Year 2	Balanced Diet Healthy Eating How Muscles Work Importance of Physical Activity Dental Hygiene Personal Hygiene	Safe/Unsafe Substances Hazardous Substances Anti-Bullying What is Bullying Differences Boys and Girls	Different Emotions Happiness Consequences Sun Safety Getting Help E Safety	Communication Negotiation Debating Differences Boys and Girls Differences Male and Female Naming Body Parts	Fairness Managing Behaviour Friendship Rules and Expectations Special People Rules	Democracy Belonging – Refugees Racism Role of Money Needs and Wants Saving Energy

Year 3	Making Lifestyle Choices Responsibility for Actions Where food comes from How to prepare food Strengths and Weaknesses Aspirations	Effects of smoking Passive Smoking Preventing Smoking Anti-bullying Recognising Bullying Remembrance Day- Death and Loss	Communication Collaboration Religious Views Extremism and Radicalisation E Safety Friendship	Emotions – Managing Behaviour Emergency Services Differences Male and Female Personal Space Family Differences	Rules British Values Rule of Law Democracy Diversity Racism	Discrimination Individual Liberty Economic Awareness Money - Budgeting
Year 4	Self-Awareness Responsibility of Actions Balanced Diets Range of Jobs Strengths and Weaknesses Aspirations	Effects of Alcohol Risks of Alcohol Societies views on Alcohol Anti-bullying Remembrance day – Death and Loss	Communication Collaboration Religious Views Extremism and Radicalisation E Safety Friendship	Coping with Family Changes Emergency Services Growing and Changing What is Puberty? Puberty	Rules British Values Rule of Law Democracy Diversity Racism	Discrimination Individual Liberty Economic Awareness Money- Charitable Giving
Year 5	Health Balanced Diet Aspirations Setting Goals Emotions – Death and Grief	Working for Peace Legal and Illegal Drugs Attitudes to Drugs Drugs – Peer Pressure	Confidentiality Responding to others Martin Luther King Gender Stereotypes Cultural Diversity	E Safety Touch Sensitive Puberty Male and Female Changes Puberty and Hygiene	Right and Responsibilities British Values Democracy Diversity Extremism and Radicalisation	Racism Discrimination Individual Liberty Economic Awareness Consumer Sense
Year 6	Health Team work Aspirations Setting Goals Emotions – Death and Grief	Managing Conflict Drugs – Preventing early use Volatile Substance Abuse Help, Advice and Support Anti-bullying	Listening Community Race and Ethnicity Gender Stereotypes Cultural Diversity E safety	Culture Puberty and Reproduction Understanding Relationships Conception and Pregnancy Communication in Relationships	Law and Order British Values Democracy Diversity Extremism and Radicalisation	Racism Discrimination Individual Liberties Economic Awareness

