As you have probably heard the adults around you saying, this is a funny time for all of us!

Let’s make sure you don’t forget it by writing a few things down.

All about you

|  |  |
| --- | --- |
|  | Draw or stick a picture of yourself here.  A picture containing wheel, clock  Description automatically generated |
| How old are you?  A picture containing wheel, clock  Description automatically generated | I am years old. |
| How tall are you?  A picture containing wheel, clock  Description automatically generated | I am cm tall. |

|  |  |
| --- | --- |
| Who lives with you?  A picture containing wheel, clock  Description automatically generated |  |
| Who are your best friends?  A picture containing wheel, clock  Description automatically generated | My best friends are |
| What do you like doing in normal life?  A picture containing wheel, clock  Description automatically generated | I like |

All about lockdown

|  |  |
| --- | --- |
| How did you feel when your school closed? Circle your answer.  A picture containing wheel, clock  Description automatically generated | Pleased  Sad  Worried  Something else |
| How do you feel now? Can you describe your feelings or draw a picture to show them?  A picture containing wheel, clock  Description automatically generated |  |
| Are you doing anything different in lockdown? Write about it or draw a picture to show what you’re doing.  A picture containing wheel, clock  Description automatically generated |  |

|  |  |
| --- | --- |
| What do you like about lockdown?  A picture containing wheel, clock  Description automatically generated | I like |
| What don’t you like about lockdown?  A picture containing wheel, clock  Description automatically generated | I don’t like |
| Finally, what three things are you most looking forward to doing after lockdown?  A picture containing wheel, clock  Description automatically generated |  |