

Parents and carers guide: What to do if someone has symptoms of COVID-19





Child

Does your child have any of the symptoms of COVID-19?

(a high temperature, a new continuous cough, or a loss or change in taste or smell)?

Your child must not attend school and begin isolation for at least 10 days

You need to:

YES

YES

YES

- Inform the school
- Arrange for your child to get tested as soon as possible for COVID-19 via the NHS testing website or by calling 119
- If you are concerned about symptoms or need advice, call 111
- Make sure everyone in your household stays at home and follows guidance for households with possible coronavirus infection

child test Wait for POSITIVE positive or the test negative for results NEGATIVE

If your child is well, they can return to

- Household members can end isolation
- You should inform the school if your child has tested negative

Your child must continue to stay at home until they are well and it has been at least 10 days since the child's symptoms started.

- Continue to make sure everyone in your household stays at home and follows guidance for households with possible coronavirus infection.
- Prepare to be contacted by NHS Test and Trace and to provide details of anyone your child has had close contact with.
- For asymptomatic children who test positive see yellow guidance

After 10 days, if your they can school

Household member

Does anyone in your household have symptoms of COVID-19?

(a high temperature, a new continuous cough or a loss or change in taste or smell)?

Your child must not attend school, and must stay at home for at least 14 days.

You need to:

- · Arrange for the person who has symptoms to get tested as soon as possible for COVID-19 via the NHS testing website or by calling 111 in the first instance or by calling 119
- If you are concerned about symptoms or need advice, call 111
- Make sure everyone in your household stays at home and follows guidance for households with possible coronavirus

Does the Wait for POSITIVE the test positive or results negative for COVID-19?

If your child is well, they can return to

NEGATIVE

- Household members can end isolation
- You should inform the school if your child has tested negative

Your child must continue to stay at home for at least 14 days from when the household member's symptoms started. You need to:

- Continue to make sure everyone in your household stays at home and
- follows guidance for households with possible coronavirus infection. Prepare to be contacted by NHS Test and Trace and to provide details
- of anyone your household member has had close contact with
- If the child develops symptoms during the 14 day isolation they need to stay at home and get a test



Has your child been asked to self-isolate by NHS test and trace

because they have had close contact with someone who has tested positive for COVID-19?

You need to: Inform the school, if they are not already aware

Make sure your child stays at home and follows guidance for do not live with the person



Your child must continue to stay at home, and you must return to the start of this

Wait for the test results. POSITIVE Return to th start of this flowchart

If your child is well, they can attend school

Your child must not attend school, and must stay at home for at

contacts of people with possible or confirmed coronavirus who

After 14 days, if your child is well. they can return to school

If your child tests positive but has no symptoms.

- If your child is not experiencing symptoms but has tested positive for COVID-19 you also must self-isolate for at least 10 days, starting from the day the test was taken. If your child develops symptoms during this isolation period, they must restart your 10-day isolation from the day they develop symptoms.
- After 10 days, if your child still has a temperature they should continue to self-isolate and seek medical advice. They do not need to self-isolate after 10 days if they only have a cough or loss of sense of smell or taste, as these symptoms can last for several weeks after the infection has gone. See the ending isolation section below for more