



Week Commencing 6/1/2020

DAILY CHEF SPECIALS!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Wholemeal Tomato Pasta with Crusty Bread	Sausage and Creamy Mash Potato Served with Gravy and Seasonal Vegetables	Homemade Vegetable Stir-Fry with Egg Noodles and Spring Rolls	Homemade Spanish Chicken with Chorizo served with Rice and Peas	Fish Fingers with Homemade Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Homemade Cheese and Onion Quiche	Vegetable Paella	Vegetable and Cheese Quesadillas	Twice Baked Jackets	Homemade Salmon and Leek Fish Pie
Homemade Soup	Chef Choice	Leek and Potato	Chef Choice	Broccoli and Cheddar	Chef Choice
Starchy Food Various Bread Choices Available	Pasta	Mash	Egg Noodles	Wholemeal Rice	Homemade Chips
Vegetables Salad Bar with Hummous	Green Beans	Broccoli	Peppers	Tomatoes	Homemade Chips
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Angie's Cookies Fresh Fruit	Fresh Fruit Salad Yoghurts	Homemade Scones with Jam or Cream Yoghurts	Fresh Fruit Pavlova Fresh Fruit	Cheese and Crackers Fresh Fruit

All our meat is farm assured from local suppliers, we use free range eggs, organic milk, pasta and flour. All of our fruit and vegetables are locally sourced where possible.

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Week Commencing 13/01/20

DAILY CHEF SPECIALS!

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Curry with Rice and Baked Samosa	Homemade Chicken and Ham Pie served with Minted New Potatoes and Seasonal Veg	Homemade Pizza served with Cajun Wedges and Fresh Salad	Homemade Spaghetti Bolognese served with Warmed Ciabatta Bread	Homemade Battered Fish with Homemade Chip and Minted Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Cheese and Tomato Toasties	Pesto Pasta	Caribbean Vegetable Skewers	Spanish Omelette	Veggie Sausage Roll
Homemade Soup	Chef Choice	Vegetable	Chef Choice	Leek and Potato	Chef Choice
Starchy Food Various Bread Choices Available	Wholemeal Rice	New Potatoes	Wholemeal Pizza Base	Spaghetti	Homemade Chips
Vegetables Salad Bar with Hummous	Hidden Veg	Peas	Fresh Salad	Tomatoes	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	'Chocolate' Fudge Cake Fresh Fruit	Vanilla Cheesecake Fresh Fruit	Fresh Fruit Salad Yoghurts	Cheryl's Jam Puffs Fresh Fruit	Cheese and Crackers Fresh Fruit

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Week Commencing 20/01/20

DAILY CHEF SPECIALS!

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Lasagne served with Salad and Crusty Bread	Cottage Pie served with Broccoli and Rich Onion Gravy	Salmon and Spinach Spaghetti with Garlic Bread and Green Beans	All Day Breakfast with Sausage, Hash Brown, Mushrooms, Scrambled Egg, Beans	Fish Cake or Fish Fingers and Homemade Chips Served with Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Creamy Cheese and Vegetable Pasta Bake	Cherry Tomato Quiche	Vegetable Quesadillas	Tuna Pasta Salad	Veggie Burger in a Bun
Homemade Soup	Chef Choice	Leek and Potato	Chef Choice	Tomato and Basil	Chef Choice
Starchy Food Various Bread Choices Available	Pasta	Mash	Spaghetti	Wholemeal Toast	Homemade Chips
Vegetables Salad Bar with Hummous	Tomatoes	Broccoli	Spinach	Mushrooms	Mushy Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Apple Flapjacks Fresh Fruit	Yoghurt Fruit Crunch Pots Fresh Fruit	Fresh Fruit Salad Yoghurts	Iced Sponge Fresh Fruit	Cheese and Crackers Mixed Flavour Yoghurts

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Week Commencing 27/01/20

DAILY CHEF SPECIALS!

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Cheese and Tomato Pizza with Cajun Wedges and Salad	Homemade Liverpool Scouse Served with Beetroot and Pickles	Homemade Tomato Pasta Bake Served with Green Beans and Crusty Bread	BBQ Chicken served with Rice and Corn on the Cob	Homemade Battered Fish served with Homemade Chips and Garden Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Asian Noodles	Twice Baked Jackets	Veggie Sausage Toasties	Falafel Pitas with Vegetable Rice	Veggie Sausage Rolls
Homemade Soup	Chef Choice	Cream of Tomato	Chef Choice	Vegetable	Chef Choice
Starchy Food Various Bread Choices Available	Pizza Base	Potato	Pasta	Wholemeal Rice	Homemade Chips
Vegetables Salad Bar with Hummous	Tomato sauce	Carrots	Green beans	Corn on the Cob	Garden Peas
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Angie's Cookies Fresh Fruit	Marble Cake Fresh Fruit	Fresh Fruit Salad Yoghurts	Homemade Cheesecake Fresh Fruit	Cheese and Crackers Mixed Flavour Yoghurts

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Week Commencing 03/02/20

DAILY CHEF SPECIALS!

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	"Frys Chicken style" Stir Fry with Egg Noodles and Stir Fry Vegetables	Beef Stifado served with Vegetable Rice and Yoghurt and Cucumber Dip	Quorn Mince Cottage Pie served with Seasonal vegetables	Roast Ham served with Dauphinoise Potatoes and Baby Carrots	Fish Fingers served with Homemade Chips and Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Baked Samosa or Spring Roll	Aubergine Gratin	Cheese and Onion Quiche	Vegetable and Lentil Stew	Homemade Salmon Fish Pie
Homemade Soup	Chef Choice	Broccoli Soup	Chef Choice	Chinese Sweetcorn	Chef Choice
Starchy Food Various Bread Choices Available	Noodles	Rice	Mash	Roast New Potatoes	Homemade Chips
Vegetables Salad Bar with Hummous	Bean Sprouts	Tomatoes	Seasonal Vegetables	Baby Carrots	Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Apple Flapjacks Fresh Fruit	Shortbread Biscuits Fresh Fruit	Fresh Fruit Salad Yoghurts	Cherry Bakewell Slice Fresh Fruit	Cheese and Crackers Mixed Flavour Yoghurts

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Week Commencing 10/02/20

DAILY CHEF SPECIALS!

Week 6	Monday	Tuesday	Wednesday Mexican Day!	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Creamy cheese Broccoli and Pasta Bake served with Crusty Bread	Caribbean Curry served with Wholemeal Rice and Green Beans	Pulled Chicken in a Taco Shell or Tortilla with Fresh Coriander, Roasted Peppers, Tomato Salsa and Guacamole	Cumberland Sausage Wellington served with Minted New Potatoes and Cauliflower Cheese	Fish Fingers with Homemade Chips and Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Red Pepper Quiche	Samosa and Spring Rolls	Bean Enchilada with Yoghurt and Cucumber dip and Homemade Tortilla Chips	Vegetable Fried Rice	Fish Cake
Homemade Soup	Chef Choice	Red Pepper	Spicy Mexican	Vegetable	Chef Choice
Starchy Food Various Bread Choices Available	Wholemeal Pasta	Wholemeal Rice	Wraps	New Potatoes	Homemade Chips
Vegetables Salad Bar with Hummous	Broccoli	Green Beans	Roasted Peppers	Cauliflower	Baked Beans
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Cherry Flapjacks Fresh Fruit	Warmed Scotched Pancakes with Ice Cream and Chocolate Sauce	Mexican Trifle with Cream Cheese and Biscuit Fresh Fruit	Scones with Butter and Jam Fresh Fruit	Cheese and Crackers Mixed Flavour Yoghurts

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