

Child Sexual Exploitation Resources - January 2017



- Listen to my story is the Merseyside campaign for raising awareness of CSE across the region: www.listentomystory.co.uk
- 'Say Something' is a national campaign which offers a free, 24-hour, anonymous phone and SMS helpline for young people to disclose information and seek support around sexual exploitation. There are also resources to promote the campaign available to download

<http://www.stop-cse.org/saysomething/>

Resources to use with young people

Safeguarding Phone Apps:

Wouldu – Barnardos

The app aims to educate young people about behaviour that could put them at risk of being sexual exploited, through illustrated, interactive stories.

aSk UK

An app developed by young people around sex and sexual health and some of the risks to young people.

CEOP Resources:

CEOP's Thinkuknow programme provides a range of free resources - films, lesson plans, presentations, practitioner guidance, games and posters - to professionals working with children and young people. Through the use of our educational materials you can help to empower and protect young people from the harm of sexual abuse and exploitation, both online and off.

- **CEOP Think you know** <https://www.thinkuknow.co.uk/>

Thinkuknow Toolkit, with fifteen fun, engaging learning activities based on the 11-13 and 14+ areas of the website.

Topics include sexting, webcam, using social networks, inappropriate content and chatting with strangers online. Young people 'speed friend' fictional characters before finding out who they have really contacted online; debate the rights and wrongs of a media story about a celebrity whose nude selfies were leaked online; and design their own apps to help their peers stay safe.

You can download the Thinkuknow Toolkit now! You'll find it under the Key Stage 3/4 tab in the [Resources](#) section of your online account at www.thinkuknow.co.uk/teachers/resources.

- **CEOP Exploited** https://www.youtube.com/watch?v=q_gDsHSjZAE

Exploited is the latest resource from CEOP's Thinkuknow programme. Based around an 18-minute film, *Exploited* helps young people learn to stay safe from sexual exploitation by recognising the signs.

- **First2aMillion**

Interactive video playlist following Aleeya and Tariq as they compete with Jamal for internet fame. Aimed at adolescents, the viewer must choose the path Aleeya and Tariq take and explore the consequences of their risk-taking behaviour. Features some scenes which may be unsuitable for younger children.

Source: <http://www.thinkuknow.co.uk/first2amillion/YouTube>
Cost = Free

- **CEOP consequences:**

Helps to explore consequences of online grooming

<https://www.thinkuknow.co.uk/parents/Secondary/Conversation-Starters/Go-to-the-movies/Consequences/>

- **Cody's Choices / Dean's Choices:**

The Choices resources are interactive engagement products, specifically designed for children and young adults.

The aims of the resources is to increase awareness, to educate and to challenge young people, in relation to their understanding of the dangers of Child Sexual Exploitation. It can be used to facilitate both individual and group delivery

The exercise consists of learners following a cyber-journey taken by Cody/ Dean, and their friends as they travel through the area that they live in, called "Mytown".

Along the way, participants will watch them as they become involved in real life situations, and will discuss their actions, reactions and possible outcomes of their behaviour.

The exercise will enable young learners to explore, reflect and challenge some of the behaviour that the pair demonstrates and to discuss potential solutions as to the difficult situations that they find themselves in .

Trainer's notes have been provided to assist the trainer in directing discussion without providing answers.

The resources intention is not only to educate young learners but to offer solutions that will empower them to build a personal resilience against those involved in Child Sexual Exploitation.

Contact Nikki Owens for copy – nikki.owens@liverpool.gov.uk

- A variety of resources for professionals, young people, parents and carers
<http://www.childnet.com/resources>
- **aSk app** - aSk UK is a health information app for young people in the UK encouraging safer sex and signposting to advice & services
<https://play.google.com/store/apps/details?id=com.faffdigital.aSkUKphone&hl=en>
- **Can I be your friend?** Reality of Facebook and Twitter
[m.youtube.com/watch?v=aDycZH...](https://www.youtube.com/watch?v=aDycZH...)
- **Take This Lollipop** is an Interactive Live Action **Facebook** Connect experience.
<http://www.takethislollipop.com/>

- **Free CSE E-learning for professionals and parents**
<http://www.paceuk.info/the-problem/keep-them-safe/>
- **Ariel Trust**
Ariel trust provide web based and interactive programmes aimed to help young people consider the issues around keeping safe and making decisions about relationships and how to deal with them. There are a range of materials alongside animated situations. They also have a programme on cyber bullying and other health promoting programmes for schools.
Source: www.arieltrust.com
Cost = Free
- CSE and Me – Barnardos - The story of 2 young people and their struggle with missing and CSE
<https://www.youtube.com/watch?v=M5c7kD0twP4>
- A website designed by young people for use by young people on staying safe
<http://www.ayph-behealthy.org.uk/>
- A leaflet from Barnardos - Be aware, stay alert, keep safe!
http://www.barnardos.org.uk/spot_the_signs_cyp.pdf
- A mini booklet about Child Sexual Exploitation
<http://safeguardingni.org/sites/default/files/sites/default/files/imce/CSE%20Kids%20Leaflet.pdf>
- Healthy Relationship Checklist
<http://thisisabuse.direct.gov.uk/worried-about-abuse#relationship-checklist>
- A booklet of creative writing by young people who are at risk of, or who have experience of, sexual exploitation
<https://www.safeguardingsheffieldchildren.org.uk/welcome/sheffield-safeguarding-children-board/sexual-exploitation.html?showdetails=Show&uuid=67673984-2eb9-4ec8-b56c-caccb8838eda>
- Your Guide. Sex, Secrets and Lies.
http://www.barnardos.org.uk/sex_secrets_and_lies_brochure_-_english_version.pdf
- **Thistle**
An awareness raising film for you to use highlight the issues of Child Sexual Exploitation
www.youtube.com/watch?v=m838irSbQk0
Cost = free

- **NSPCC**
 Animation regarding CSE
<http://www.youtube.com/watch?v=XasNkfQ5AVM>
 Cost = free
- **BLAST – resources for professionals – CSE in boys**
<http://mesmac.co.uk/resources-for-professionals#same>
- **IAssistSafety**
 IAssistSafety helps children learn protective behaviours. All children deserve to be safe. Using a hand IAssistSafety allows a child to identify 5 adults who they could ask for help if feeling unsafe. The hand assists children to remember their safe people. The adults should be people the child sees regularly, people they can trust and people who will listen to the child. These 5 adults will help the child to be safe if they are scared, worried, sad or just need help. Use the name, phone number and image or photos of the adult and add it to the child's hand. Your child's hand can be emailed, saved in your gallery, used as a screen saver or printed. This App helps to give your child a voice in keeping themselves safe.
 Source: <http://www.youtube.com/watch?v=A6e7y8-7aW>
- **CyberSense**
CyberSense contains eight engaging exercises, ranging from class debates to storyboarding and role-play activities. These activities are designed to stimulate awareness, discussion and analysis of Cyber-bullying, its causes and consequences. These exercises cover important topics like self-esteem, peer pressure, impact of gaming, staying safe online and selfies.

 Contact **Rachel Coogan** at Ariel Trust – Rachel@arieltrust.com
- **NSPCC Share and Net Aware**
 NSPCC's Share Aware campaign <http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/> - a great way to engage with parents about how sometimes children and young people share too much information online.

 NSPCC's **Net Aware** campaign <http://www.net-aware.org.uk/#> - a great tool for parents and school staff to understand better the range of social media apps that children and young people of all ages are currently using.

 Net Aware allows you type in the name of an app (as well as seeing an A-Z listing of all apps that they have reviewed) and see what the app does and the risks associated with that app. So if you want to know all about tumblr, Keek and ooVoo, for example, check out Net Aware.
- **Copperwood Media**
 Film on gang culture and exploitation made by young people in Liverpool
<https://youtu.be/o0kojEam-uc>

- **Stop It Now!**

New campaign launched 04.02.16 – Choose another Path – which aims to deter people from viewing and sharing **indecent images of children online**, Stop it Now! has launched an interactive film called 'Choose another path' to show the consequences of viewing sexual images of under-18s. It is the latest in a series of films to help people at risk of viewing or sharing child abuse images.

<http://www.stopitnow.org.uk/>

- **Alright Charlie**

What is it? This resource is designed for use with children aged 9-11 in primary schools and aims to highlight the warning signs of grooming in an age appropriate way. The film is seen through the eyes of Charlie who is groomed by Danny. The resource was designed in consultation with CSE professionals, primary schools teachers and children in years 5 and 6 in primary schools. The resource is accessible to girls AND boys with the viewer never discovering Charlie's gender.

How Much is it?

The resource will be free to download from the website:

<http://mesmac.co.uk/projects/blast/for-professionals/resources>

- Matt Though He Knew... <https://www.youtube.com/watch?v=9JpyO5XIfCo> (online CSE – boys)
- Jigsaw... <https://www.youtube.com/watch?v=o8auwnJtqE> (online KS2)
- Josh and Sue... <https://www.youtube.com/watch?v=ecr6OJmT3Mg> (Great for younger children and children with additional needs)

Resources for Professionals

- **Disturbing Signs**
How can professionals identify behaviour indicating young people are at risk of sexual exploitation?
Disturbing Signs is a graphic looking at 3 abuse models and the signs to alert professionals to sexual exploitation Author: Community Care/ Barnardos
<http://www.communitycare.co.uk/child-sexual-exploitation/>
- **An e-learning package for professionals parents and carers on exploitation:**
<https://keepthemsafe.safeguardingchildren.co.uk/>
- **Going to Court . A step-by-step guide to being a witness- video**
Seen through the eyes of a witness, this animation explains what to expect throughout the court process and follows the journey a witness makes from making a statement, right through the criminal court process and after the trial.
Show more
<http://www.youtube.com/watch?v=aUOc0Sa1WMM&feature=youtu.be&noredirect=1>
- **Barnardos leaflet for professionals regarding CSE**
[http://www.barnardos.org.uk/spot the signs professionals.pdf](http://www.barnardos.org.uk/spot_the_signs_professionals.pdf)
- **Department for Education – Step by Step Guide for Front Line Practitioners**
<http://media.education.gov.uk/assets/files/pdf/s/step%20by%20step%20guide.pdf>
- **Brook Advisory – Sexual Behaviours Tool**
<https://www.thinkuknow.co.uk/Teachers/blog/Dates/2013/8/Brook-Sexual-Behaviours-Traffic-Light-Tool-/>
- **National Working Group – Tackling CSE**
<http://www.nationalworkinggroup.org/>
- **Child Exploitation Online Protection (CEOP) Centre website for professionals:**
<https://www.thinkuknow.co.uk/Teachers/>

- **NSPCC – Links to resources for professionals**
https://www.nspcc.org.uk/Inform/resourcesforprofessionals/sexualabuse/sexual_exploitation_practice_wda85129.html
- **NHS England on CSE – for health professionals**
<https://www.youtube.com/watch?v=Wm1bEWvDHCg>
- <http://cse.brook.org.uk/story.html> - Resource for health professionals

Resources for Parents

- **Lucy Faithfull Organisation - [What's the Problem?](#)**
This comprehensive guide is designed to help parents better understand the risks posed to children by the internet, and to keep them safe online.
http://www.parentsprotect.co.uk/files/Parents%20Pack_Whats%20the%20problem_11Mar2015.pdf
- **Lucy Faithfull Organisation Parents Protect**
This is an information and resources website which aims to raise awareness about child sexual abuse, answer questions and give adults the information, advice, support and facts, they need to help protect children.
<http://www.parentsprotect.co.uk/>
- **ParentZone** is a leading provider of information, training and support designed to make the internet work for families, with special emphasis on involving parents and carers:
<http://www.theparentzone.co.uk/>
- **CEOP: 'Nude Selfies: What Parents and Carers Need to Know'**. This is a series of four short animated films for parents and carers offering advice on how to help keep their children safe from the risks associated with sharing nude and nearly nude images. www.youtube.com/ceop
- **Advice for parents about talking to your child about creating, sending or receiving explicit images:**
[http://www.nspcc.org.uk/help-and-advice/for-parents/talking-about-sex/sexting/sexting_wda96795.html](http://www.nspcc.org.uk/help-and-advice/for-parents/talking-about-sex sexting sexting_wda96795.html)

- **An e-learning package for parents and carers on exploitation:**
<https://keepthemsafe.safeguardingchildren.co.uk/>
- **Support for parents and carers affected by CSE**
<http://www.paceuk.info/>
- **This pack offers guidance on how to approach discussions with children about commercial content online:**
http://www.mediasmart.org.uk/parents/digital_pack
- **Back to school basics for digital families:**
<http://www.slideshare.net/uKnowKids/back-to-schoolbasicsfordigitalfamilies-slideshare>
- **Facebook privacy settings:**
<http://internet-safety.yoursphere.com/2013/01/facebooks-new-privacy-settings/>
- **Top tips for iPhone, Blackberry, Nintendo, Playstation, Xbox, iPad and iPod touch:**
<http://www.kidsmart.org.uk/parents/parental-controls.aspx>
- **Child Exploitation Online Protection (CEOP) Centre website for parents and carers:**
<https://www.thinkuknow.co.uk/parents/>
- **Information for keeping your child safe online:**
<http://www.childnet.com/parents-and-carers>
- **A website designed by young people for use by young people on staying safe**
<http://www.ayph-behealthy.org.uk/>
- **A leaflet from Barnardos - Be aware, stay alert, keep safe!**
http://www.barnardos.org.uk/spot_the_signs_cyp.pdf
- **A mini booklet about Child Sexual Exploitation**
<http://safeguardingni.org/sites/default/files/sites/default/files/imce/CSE%20Kids%20Leaflet.pdf>

- **Healthy Relationship Checklist**
<http://thisisabuse.direct.gov.uk/worried-about-abuse#relationship-checklist>
- **Child Exploitation Online Resources for Young People**
<http://www.thinkuknow.co.uk/>
- **The Underwear Rule**
www.youtube.com/watch?v=72Sh-wjmdzw
- **Staying safe online**
<http://www.passiondigital.co.uk/blog/2014/06/12/keep-children-safe-online/>

Other Resources at a cost

- **Real love Rocks – Barnardos**

Staff at Barnardo's Greater Manchester Sexual Exploitation Development team are launching an innovative new resource pack called Real Love Rocks. The resource is a programme developed by Barnardo's to promote healthy, consensual, safe relationships amongst children and young people. It seeks to raise awareness of grooming, child sexual exploitation and online safety.

Real Love Rocks has been designed to be delivered by teachers, school counsellors, youth workers or other professionals who have experience of delivering sex and relationship education to young people.

There are two separate resource packs, one for children in years six and one for young people in years seven-nine. Both packs contain animations, games and activities and contain stories of real young people and has been designed for both boys and girls. Each Real Love Rocks pack is made up of four sections.

The primary school edition contains:

- Healthy relationships (including power and control)
- Grooming
- Keeping Safe
- Internet safety

The secondary school edition contains:

- Healthy relationships (including consent)
- Child sexual exploitation and grooming
- Keeping safe
- Impact of porn and sexting

An introductory offer for the cost of Real Love Rocks:

Resource Pack - £95.00

Resource Pack and Training - £125.00

- **Let's talk relationships: activities for exploring love, sex, friendship and family with young people.**

Summary: Workbook of creative ways to get young people aged 13 to 19 years talking about positive relationships. Includes over 90 activities such as storyboard work, games, role-play, quizzes, drama, music and art. Provides photocopiable worksheets. Can be used for on-to-one or group work. Sections cover getting to know each other; friendships and peer groups; family dynamics; love and sex; evaluations and endings. Issues covered include peer pressure, bullying, decision-making, managing conflict at home, family values and homosexuality. Publication details: London: Jessica Kingsley, 2011 pp 160 ISBN: 9781849051361 Shelf mark: QLR Authors: Rogers, Vanessa

<http://www.jkp.com/catalogue/book/9781849051361>

Aimed at 13 -19 year olds

Cost = £17.99

- **Bwise2 sexual exploitation: a preventative education pack for use with 12 to 17 year olds in pupil referral units, residential units and schools. England and Wales edition.**

Summary: An educational programme for professionals to teach young people about sexual exploitation. Sets out six sessions on: what is sexual exploitation?; grooming; power and control; risk management; equal consensual and respectful relationships; and support, protection and the law. Based on real-life experiences. Provides activities, handouts, case studies, and facilitator notes with practical tips. Can be used as part of the PSHE curriculum for key stages 3 and 4. Includes a CD-ROM of the session resources for printing or projecting and three posters.

<http://www.barnardos.org.uk/bwise2-sexual-exploitation/publication-view.jsp?pid=PUB-1263>

Aimed at 12- 17 years

Cost = £85

- **Choice**

For use during 1:1 session and group work sessions. The discussion cards promote choice about a Personal, Social or Health Education issue (PSHE). The cards can also be used as 'ICEBREAKERS' in a training capacity. Enclosed in the box is instructions/ground rules/parent guide/customer pledge and an 'Other Ideas For This Game' card giving you scope of use around the issue and the ability to fully use the contents of the box. Author: Egar Educational Games

Aimed at 12 -17 years

Cost = From £25

- **SRE Covered**

Whole School SRE Curriculum –

Cost = £195

Other Resources

<http://www.youtube.com/watch?v=uVSqcEhdEpU> Channel 4 News re grooming boys

http://www.youtube.com/watch?v=Q1WB_1eh-zw BBC news re Oxford

<http://www.youtube.com/watch?v=y5fZ4yfMZAs> BBC news re Oxford

http://www.youtube.com/watch?v=YEqBx6qJ___ My Dangerous Loverboy Official Music Video

<http://www.youtube.com/watch?v=j3xD58e6wA4> Me Jenny and Kate Cartoon

http://www.youtube.com/watch?v=BYyB_FGV1GY Is it Love or an abusive relationship

http://www.barnardos.org.uk/get_involved/campaign/cutthemfree.htm (download victims story)

<http://www.youtube.com/watch?v=aDycZH0CA4I> Can I be your friend (facebook)

<http://www.faceup2it.org/>

<http://www.thinkuknow.co.uk/> CEOPs Think you know site

<http://www.blaenau-gwent-lscb.org.uk/thistle.html> Gwent Police CSE

http://www.youtube.com/watch?v=XasNkfQ5AVM&feature=player_embedded Jay's my guy (losing control)

http://www.youtube.com/watch?feature=player_embedded&v=rnqcc3WQI14 Trafficking CSE

http://www.youtube.com/watch?feature=player_embedded&v=zuzi2fqcfc4 When some cares about you

<http://cse.siyonatech.com> (training for professionals based on Eastenders)

