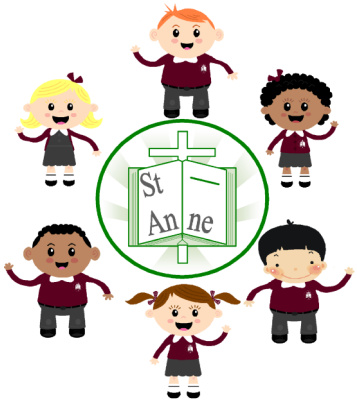
Reception Newsletter



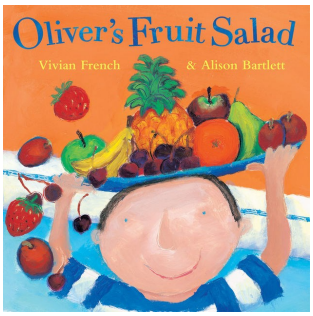
Dear Parents / Guardians,

Friday 6th October 2017

This week we have been looking at healthy eating. We started off the week looking closely at fruit from Miss Melling's shopping bag. The children enjoyed using their senses to explore the different fruits, observing how they felt and smelt.

The children went on to make a collage of a fruit and vegetable bowl, identifying the fruit and vegetables they had chosen. They then had a go at completing some independent writing about what they thought it meant to be healthy.

We read a story called "Oliver's Fruit Salad" and decided that we too would like to make our own fruit salad. The children then used the fruit from Miss Mellings' shopping bag to make their own fruit salad and enjoyed eating it. Some children tried fruit they had never tasted before. Some enjoyed it, some not so much!



We have been practising our counting lots as well this week and using our counting to find the missing number. The children in particular enjoyed threading 'Cheerios' onto spaghetti and finding the correct number card to match their collections ☺

Our Mexican themed lunch also went down very well on Thursday with the children enjoying Mexican style wraps, chicken fajitas, chilli and home made nachos ☺

We have been encouraging children to put their own coats on as well as taking off and putting on their sweatshirts and cardigans. If you can encourage your children to undress and dress themselves when getting ready at home this would be very helpful for when they get changed into their P.E. kits.

Have a good weekend.