The Difference Physical Education, School Sport & Physical Activity Make to the Development of Well-Balanced Responsible Individuals

Independent Learners & Effective Leaders Personal Development Behaviour and Welfare

Thinking & Decision-Making

Enjoyment

Knowledge Skills & Understanding

Commitment & Desire to Improve

Outcomes

Safe & Secure

Participation & Competitiveness

(Achievement)
High Quality Physical
Education & School
Sport

Self Esteem & Belief

Physical & Emotional Well-Being

Healthy Active Lifestyles

British Citizenship & Fundamental Values

Confidence

Spiritual, Moral, Social & Cultural Development

Leadership and Management

Teaching Learning

and Assessment

Teamwork & Co-Operation

"The difference that high quality physical education, school sport & physical activity make to the lives of young people, is quite remarkable"

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